Grand Prix 2022 Men

	Category	Netherhall 10 mile	Haweswater half marathon	Tom Scott 10 mile	Holywood Stroll 5 mile	Guid Nychburris	Moffat 15k	Gelston 5 mile	Blackwood 10k	Doonhamer 10k	Castle 5k Carlisle	Langdale Half Marathon	Total points (best five results)
Kevin McCaig	**V60**	29	30	29									88
Kevin Gordon	**SEN**	25		28									53
Michael Jardine	**V50**	24		27									51
Sean Mcgleenan	**V60**	21	28										49
Robert Gordon	**V50**	23		26									49
Charlie Storrie	**SEN**	30											30
Kevin McQueen	**V50**												30
Les Hill	**V60**		29										29
Andrew Gibson	**SEN**	28											28
Alan Baxter	**V40**	27											27
Ranjit Thomas	**V50**	26											26
David Burns	**V60**	22											22

Grand Prix 2022 women

	Category	Netherhall 10 mile	Haweswater half marathon	Tom Scott 10 mile	Holywood Stroll 5 mile	Guid Nychburris	Moffat 15k	Gelston 5 mile	Blackwood 10k	Doonhamer 10k	Castle 5k Carlisle	Langdale half marathon	Total points
Gemma Leadbetter	**SEN**	30	30	30									90
Maureen Dickson	**V60**	28	28	29									85
Kerry Jardine	**SEN**	26	27	27									80
Fiona Jardine	**V50**	27	26	26									79
Anne Macfarlane	**V50**	29	29										58
Karen Littlejohn	**V40**			28									28