

DUMFRIES RUNNING CLUB

**2004
HILL RACE
CHAMPIONSHIP**

**THIS YEAR WE ARE RETURNING TO
THE LAKES**

**WHERE WE WILL USE THE
LATRIGG FELL RACE
AT KESWICK**

**DATE: SATURDAY 8th AUGUST 2004
TIME: 12:00**

REGISTRATION: FITZ PARK

**DISTANCE: 3 MILES
CLIMB: 950 FEET**

ENTRY FEE: £3 ON THE DAY

RECORDS: 16.37 (MEN) & 21.19 (LADIES)

RESULTS;

1ST Doug Brown

2nd Sandy Shankland

3rd Les Hill

1st Lady Marian McPhail