

DUMFRIES RUNNING CLUB

MENS & LADIES WINTER 2003-2004 CROSS COUNTRY CHAMPIONSHIPS

WILL BE

AT THE ANNAN RIVER RACES

THE DATE OF THE RACE IS

SUNDAY 29TH FEBRUARY

RESULTS;

1st Les Hill

2nd Sandy Shankland

3rd Ian Murgatroyd

1st Lady Minette McDonald

2nd Lady Marian McPhail